



離島地區康健站
Islands DHC Express

營運機構
Operator



鄰舍輔導會
THE NEIGHBOURHOOD ADVICE-ACTION COUNCIL

Chronic disease co-care pilot scheme

Hypertenison, Diabetes Mellitus
and blood lipid testing


Three high covered

Eligibility :

- ✓ Aged 45 or above
- ✓ No known history of hypertension or diabetes mellitus
- ✓ Register as Island DHC Express member.join eHRSS



Scheme Content and Co-payment

Screening Phase	<p>Family doctor will</p> <ul style="list-style-type: none"> • evaluate the patient's health, • order blood tests • explain the test results and diagnosis, • develop an appropriate health management plan. 	<p>HKD120 (one-off co-payment)</p> 
Treatment Phase	<p>Based on the diagnosis (Prediabetes/Dyslipidaemia/Hypertension /Diabetes Mellitus)</p> <ul style="list-style-type: none"> • Family Doctor Consultation • Receiving drugs under the list of Specified Drugs • Laboratory Investigation (Subsidised) 	<ul style="list-style-type: none"> • Pay the co-payment fee determined by Family Doctor • (The Government recommended co-payment fee is \$150 each visit)
	<ul style="list-style-type: none"> • Dedicated Nurse Clinic and Allied Health Services • (Based on the diagnosis) 	<ul style="list-style-type: none"> • The Government will provide a partial subsidy for each subsidised visit • Participant only has to pay the co-payment fee (per visit)

Elderly Health Care Voucher (including the reward under Pilot Reward Scheme) is applicable to the Scheme
Medical fee waiver is not applicable to the Scheme

Free registration to be our member

Individuals aged 6 and above can join for free to participate in:

- Annual health risk assessments conducted by professionals
- Various health management activities such as health talks, exercise classes, sleep hygiene education, weight management, and more

Our opening hour

Mon-Thur (9AM to 6PM)
Fri and Sat (12 noon to 9PM)
Sun (9AM to 1PM)
Close on Public Holiday

Tel: 2556 5338

Address: Block B, Lot 2536, Ha Ling Pei, Tung Chung, Lantau



Join the WhatsApp community to receive the latest event information

Online appointment to be our member